newsletter

KingsWellies Nursery

Term 1 Newsletter – August / September / October 2026

Follow us on Instagram and like us on Facebook!

What have the KingsWellies Gang been up to lately?

We have been very busy with Graduation planning and partying, visiting Hazelhead Park and lots of local parks, Health Month, bucket fillers, stay and play days, friendships and teamwork, daily mile, visits around the community, Gym Bunnies, Chef Lisa, Moo Music, Kids Rock, French, Yoga, Flash Dance, Rugby Tots, Happy Body Healthy Me Campaign, sun safety, Eco Schools and sustainability, Forest Schools, Rights Respecting Schools Awards, planting and improving our gardens and playgrounds, picnics, pizzas, BBQs, getting ready to go to school, learning Makaton, learning all about Transport, mini beasts, Summer, people who help us, lots of outdoor play safety, Dance of the week and LOTS more……

Kilt Walk and Wellie Waddle

We are so happy to share that the children at KingsWellies Nursery SMASHED the set target of walking 15 miles over the week and accomplished a grand total of 42.1 MILES during their recent Wellie Waddle
The KingsWellies staff also took part in the 2026 Kilt Walk, where they walked 18 miles across Aberdeen.
Together we raised an amazing £2,260 for Cash for Kids, North East Scotland.
Huge thank you to all who donated.





Health Month June 2026

Throughout June, KingsWellies Nursery spent time focusing on our annual Health Month. This involved planning lots of activities around the following topics: Keeping Fit, Healthy Eating, Mental Health and Keeping Safe. The children LOVED experiencing a range of different activities to progress their skills. Some of their favourites were; making smoothies at Common Sense, baking various healthy recipes, road safety, football with Stewart, self-portraits, developing their friendships, visits from police, fire, dentist, Child Smile,

surgeons, radiographers and vet, Gym Bunnies, baking with Chef Lisa, talking about emotions, having spa days and much more…






Class of 2026 Graduation

On Saturday 27th of July, the KingsWellies graduates had great fun at their graduation party/ceremony. We started by doing some dancing games, followed by a magician show. This was AMAZING and had all the children's (and staff's) attention! We then enjoyed some yummy party food before inviting the parents in for our graduation songs/certificate ceremony! Many thanks also to Leanne from Kids Rock for coming in to sing our songs with us!






Best of luck to our boys and girls who are going to P1 and school nurseries



This year we have had around 37 children leaving us to go to school. These children are going to 18 different school settings. We have worked hard to have very productive dialogue with each of these feeder primary schools. We will also get in touch with each one again at the end of term 1. This is to gain feedback on how well our KingsWellies children have settled into their new school environments. We only want the very best for them all and want them to be as ready as can be, for the next part of their educational journeys. This feedback is very important to us and helps us to plan our future transition processes.

We will miss you ALL very, very much but know that you are all ready for P1 and that each and every one of you will go far! Remember to send us photos of you in your school uniforms.

Good luck everyone!

Thank you from the bottom of our hearts



Lots of our children have already started to leave us and we have to say that all of the emails, messages and cards have been really appreciated and mean a lot to the staff. The very kind words mean such a huge amount as it proves that we have achieved what we set out to do. We genuinely only want the very best for all of our children and families.

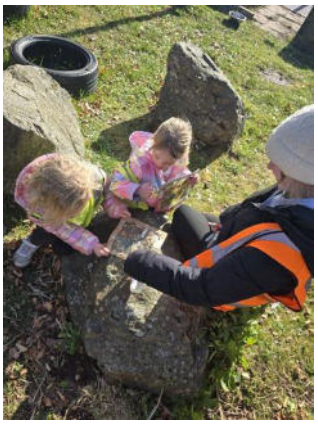
Messy Children are Happy Children



As always, we have been playing outside as much as possible. Water walls, water slides, mud kitchens, shaving foam, playdough, construction, messy play, painting, planting and allotments, loose play, minibeast hunts, hedgehog preservation, picnics, forest schools, eco schools, park visits and so much more! We are having so much fun but sorry if we come home a bit messy! Please excuse the mess, your children are making memories!

I would also like to reiterate that ALL of our children are outside every day in all weathers. This includes our Wellie Jellies. The Wellie Jellies do not have direct access to our playground. However, they come to the playground daily, have direct access to the forecourt and spend lots of time out and about in our local community. They have exactly the same opportunities as our other KingsWellies children. Please see our daily Facebook posts from our very busy Wellie Jellies.






Staffing Update

Recently we have welcomed lovely new staff to join our growing KingsWellies team!

Please see our regular staffing updates on our Facebook pages. We also have staff photo boards outside each room and in our main reception.

Children are also becoming more involved in the recruitment process as we ask candidates to read them a story or complete an activity with them. We then ask our children and candidates for their feedback. This is working well!

Recently, we have welcomed Molly and Chloe Davis who will be based in our Wellie Tots playroom, and Jodie and Sophie who will be based in the Wellie Babies playroom. We have welcomed Natasha back from Maternity leave and she will be based now in our Wellie Beans Playroom! All of the ladies have gotten stuck right in and all the children love their daily cuddles, activities, stories and new experiences. Welcome to the team ladies. We are so glad to have you with us at KingsWellies!

Important Dates for your Diary

- **National Grandparents Day is on Sunday the 4th of October– We will have a Stay and Play to celebrate!**



Wellie Babies – Monday the 28th September

Wellie Tots – Tuesday the 29th September

Wellie Beans – Wednesday the 30th September

Wellie Jellies – Thursday 1st October

More Details to follow.



- **Tempest Photography – Individual Photos**

Tuesday the 13th of October – More information to follow!



- **MacMillian Coffee Morning**

September – More information to follow!

- **KingsWellies Annual Pumpkin Competition** 🎃

Halloween Pumpkin Carving Competition starts on Monday 26th October. Please bring your pumpkins in to the office, for a name tag. We will display them in the reception area. Make sure to vote for your favourite! We will announce a winner from each room on Friday 30th October. The winners will receive a special prize. Don't forget to dress up all week. We can't wait to see everyone's Halloween Costumes and decorated pumpkins. 🎃

Children's Attendance and Registers

Please let us know by 10am if your child will not be attending nursery on that day. Staff will contact parents after 10am to ascertain the whereabouts of your child. This is in line with our Child Protection and Health and Safety Policies. Please also let us know if you have any holidays booked and your child will be absent. This saves us from bothering you when sunbathing by the pool! Many thanks.

Wellies Nurseries Policies of the Month

This month we would like to provide you with the opportunity to review and consult on our Caring for Babies & Toddlers and Safe Sleep Policy. We hope that you find this information useful. Please provide us with any feedback.



Parental Consultation

Please give us your feedback – good and bad. It means a lot to us! We only want to keep improving in order to provide the best service possible. Please make us your first port of call if you have any comments or concerns. If we work together, we will be able to achieve the very best for all of our children.

We also have Compliments slips available in reception in relation to our staff. The staff work very hard and we all know that it is nice to hear a compliment from time to time. Many thanks to those parents who have already paid staff members a compliment. We are always looking for Workers of the Week and Workers of the Month.

I*f you would like this newsletter or any other documentation from nursery translated into another language or an alternate reading format, please do not hesitate to contact us.*



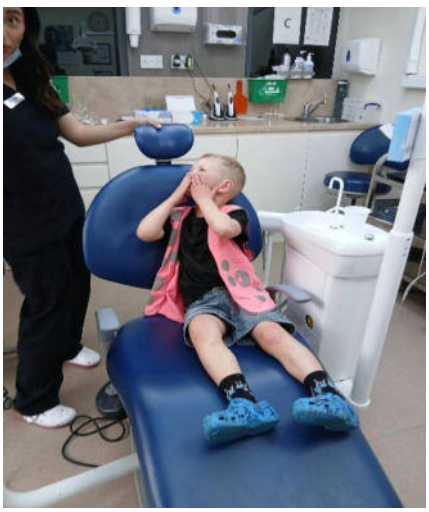














Caring For Babies &Toddlers &

Sleep Policies

Published	March 2015 (V1)
Reviewed	March 2016 (V2)
Reviewed	May 2023 (V3)
	May 2026 (V4)
Revised	Annually

Wellies Nurseries

Caring For Babies and Toddlers Policy

At Wellies Nurseries we care for children under the age of two and ensure their health, safety and well-being through the following:

- Children under the age of two have a separate play room and are cared for in small intimate groups. We ensure that younger children have opportunities to have contact with older children whilst at nursery
- Care is taken to ensure that babies and toddlers do not have access to activities containing small pieces, which may be swallowed or otherwise injure the child
- The environment and equipment are checked daily before the children access the area. This includes checking the stability of the cots, areas around and chairs and ensuring restraints on these, pushchairs and prams are intact and working
- All doors are fitted with viewing panels and door finger-guards to ensure the safety of children
- Outdoor shoes are removed or covered when entering the baby and toddler area(s). Staff remind parents and visitors to adhere to this procedure
- Babies and toddlers have their nappies changed according to their individual needs and requirements by their key worker wherever possible
- Information will be shared between parents and the key worker about nappy changing and toilet training in a way that suits the child
- Potties are washed and disinfected after every use. Changing mats are wiped with cleanser before and after each nappy change
- Each baby must have his/her own bedding which is washed at least weekly and when necessary
- Cot mattresses meet safety standards
- Children under two years are not given pillows, cot bumpers or any soft furnishings in order to prevent risk of suffocation
- Children are not to be left to sleep in pushchairs or baby bouncers as their backs are not fully supported in this equipment whilst sleeping (unless the parent has specifically requested this and have signed a disclaimer)
- We follow all cot death prevention/safety guidelines and advise parents of this information. Babies are always laid to sleep on their back, with their feet touching the foot of the cot
- Sheets or thin blankets come no higher than the baby's shoulders, to prevent them wriggling under the covers. We make sure the covers are securely tucked in so they cannot slip over the baby's head
- Children's individual sleeping bags may be used in consultation with parents. These are washed at least weekly and when necessary
- Cots are checked before use to ensure no items are within reach i.e. hanging over or beside the cot (e.g. blind cords, cables)
- No child is ever left unattended during nappy changing time
- Babies are never to be left propped up with bottles as it is both dangerous and inappropriate
- Sleeping children are supervised at all times. Ten minute checks are completed and baby monitors are placed within sleep room.
- Checks on sleeping babies are completed every 10 minutes. This may increase to 5 minutes for younger babies and or new babies. Checks are documented with the time and staff initials on the sleep check form
- Staff do not change nappies whilst pregnant until a risk assessment has been discussed and conducted. Students only change nappies with the support and close supervision of a qualified member of staff
- Where food/milk is prepared for babies there is a separate area within the kitchen which is specifically designated for this preparation
- Bottles of formula milk are only to be made up as and when the child needs them. These should be cooled to body temperature, which means they should feel warm or cool, but not hot. Easy Prep machine is used for preparing bottles ready to drink once made. Test milk on staff wrist.

- Following the Department of Health guidelines, we only use recently boiled water to make formula bottles (left for no longer than 30 minutes to cool). We do not use cooled boiled water that is reheated
- Bottles and teats are thoroughly cleaned with hot soapy water and sterilised after use (they will not be washed in the dishwasher)
- Bottles are disposed of after feeding individual babies
- A designated area is available for mothers who wish to breastfeed their babies or express milk (this is a large space within the disabled toilet)
- If dummies are used they will be cleaned and sterilised. This also applies to dummies which have been dropped (see separate dummy policy)
- All dummies are stored in separate labelled containers to ensure no cross-contamination occurs
- Sterilisers are washed out and cleaned daily when in use

Children transfer to the older age group when assessed as appropriate for their age/stage following our agreed transition and settling procedures.

Sleep Policy

At Wellies Nurseries we aim to ensure that all children have enough sleep to support their development and natural sleeping rhythms in a safe environment. The safety of babies' sleeping is paramount. Our policy follows the advice provided by The Cot Death Society and the Lullaby trust to minimise the risk of Sudden Infant Death. We make sure that:

- Babies are placed on their backs to sleep, but when babies can easily turn over from the back to the stomach, they are allowed to adopt whatever position they prefer to sleep
- Babies/toddlers are never put down to sleep with a bottle to self-feed
- Babies/toddlers are monitored visually when sleeping. Checks are recorded every 10 minutes.
- When monitoring, the staff member looks for the rise and fall of the chest and if the sleep position has changed

We provide a safe sleeping environment by:

- Monitoring the room temperature both AM and PM
- Using clean, light bedding/blankets and ensuring babies are appropriately dressed for sleep to avoid overheating. All blankets in cots must be tucked into the bottom of the mattress
- Only using safety-approved cots or other suitable sleeping equipment (i.e. pods or mats) that are compliant with British Standard regulations
- We will not allow babies to sleep in prams or bouncer chairs. Cots and mats only
- Not using cot bumpers or soft toys, although comforters will be given where required – dummy clips will not be used when children are sleeping
- Keeping all spaces around cots and beds clear from hanging objects i.e. hanging cords, blind cords, drawstring bags
- Ensuring every baby/toddler is provided with clean bedding and their own bag to store it in
- Transferring any baby who falls asleep while being nursed by a practitioner to a safe sleeping surface to complete their rest
- Children under 6 months will not be left alone to sleep, they will be put to sleep safely in cribs in the playroom where staff can see them at all times
- Having a no smoking policy

We ask parents to complete sheets on their child's sleeping routine with the child's key worker when the child starts at nursery and these are reviewed and updated at timely intervals, at least every three months. If a baby has an unusual sleeping routine or a position that we do not use in the nursery i.e. babies sleeping on their tummies, we will explain our policy to the parents and ask them to sign to say they have requested we adopt a different position or pattern on the sleeping babies' form.

We recognise parents' knowledge of their child with regard to sleep routines and will, where possible, work together to ensure each child's individual sleep routines and well-being continues to be met. However, staff will not force a child to sleep or keep them awake against his or her will. They will also not usually wake children from their sleep. Staff will discuss any changes in sleep routines at the end of the day with parents and will share observations and information about children's behaviour when they do not receive enough sleep.

Sleeping twins

We follow the advice from The Foundation for the Study of Infant Deaths (FSID) regarding sleeping twins and will not put them together in the same cot to sleep.

Further information can be found at:
http://fsid.org.uk/page.aspx?pid=426
http://www.healthychildcare.org/pdf/sidschildcaresafesleep.pdf

Newsletter – August/September/October 2026 – Term 1

"Together we make a family!"

Follow us on Instagram and Facebook!
Two great ways for you to keep up to date with all the latest news from the Wellies Gang!

What has QueensWellies Gang been up to lately?

The last few months have been extremely busy for our Bumbles and our Bees! We have been taking part in our extra-curricular activities such as, Rugby Tots, Moo Music, Kids Rock, Gym Bunnies, Baby Bunnies and French! We have also been visiting Hazlehead Park, participating in health month, walking our daily mile, visiting with our Friday Friends, learning Makaton, focussing on sun safety, forest school activities, partying at our festival, learning all about our emotions, the World Cup and Scotland, lots of outdoor play, lots of fun-filled educational activities and so much more!!







In July we joined up with our fellow graduates from West End Wellies to hold a joint graduation. The Bees and Badgers had a great time celebrating with their friends. All the children enjoyed dancing, singing, playing carnival games and even had some delicious ice cream from their ice cream parlour! This was a special request from the graduates. Once the party was concluded, the parents were invited in to watch their little graduates sing their songs and walk the red carpet to receive their certificates. We wish the very best of luck for Primary 1!



You all will do amazingly!

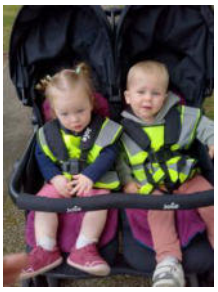






We have also enjoyed lots of trips and outings together to Aberdeen's Art Gallery, Aberdeen Sports Village, Tesco and our throughout local community. We also visited West End Wellies for our graduation photos and some yummy lunch together! The children LOVED visiting West End Wellies and are very much looking forward to arranging another get-together as well as the children at KingsWellies Nursery too! We have lots of trips coming up soon, such as trips to Gordon Highlanders Museum, North link Boat Tours and a trip with West End Wellies and KingsWellies Nurseries to the loose part play session at the Art Gallery. Keep an eye out for all of our adventures!





In July the Bees also took part in their "Bee In The Park" Festival. The children planned this festival-inspired afternoon with very little help from their teachers. The Bees created their very own DJ booth, photo area, face paint area and their very own festival menu for their snack. This was a fantastic afternoon enjoyed by all.







Important Dates for Your Diary

International Makaton Day - On the 28TH August we will be celebrating International Makaton Day! Leading up to this lovely day, we will be learning a full song in Makaton and we will be preparing to perform this song to our friend and Simone's sister, Megan! We can't wait to share our song choice this year!



Macmillan Coffee Morning – On the 25th September QueensWellies will also be hosting their annual MacMillian Coffee Morning. This will be held in our outdoor classroom where parents can enjoy a hot refreshment and some lovely home bakes made by the children and staff. This is a great cause!

Tempest Photos - This will be held on the 2nd of October. More info will come out nearer the date.

Stay and Plays - Grandparents Stay and Play! National Grandparents Day this year is the 4th of October. We would love to invite all grandparents/ friends to come along to see their grandchild in nursery, play alongside them and see what they get up to! We kindly ask there is a minimum of 2 grandparents / friends per child. If

grandparents are unavailable, please feel free to extend the invitation to another family member. This will be held between 2:30 and 4:00pm. Please see dates below for each room.

Bumbles – Wednesday the 7th of October 26.

Bees – Tuesday the 6th of October 26.





Halloween Pumpkin Carving Competition - Halloween Pumpkin Carving Competition starts on Monday 26th October. Please bring your pumpkins in to the office, for a name tag. We will display them in the reception area. Make sure to vote for your favourite! We will announce a winner from each room on Friday 30th October. The winners will receive a special prize. Don't forget to dress up all week. We can't wait to see everyone's Halloween Costumes and decorated pumpkins.

Health Month



Throughout the month of June, QueensWellies spent time focusing on Health Month. This involved planning lots of activities around the following topics: Keeping Fit, Healthy Eating, Mental Health and Keeping Safe. The children LOVED experiencing a range of different activities to progress their skills. This is one of our favourite topics as the children gain so much from all of the visitors, trips and activities that take place within the month. Throughout the month we had visits from an A&E Doctor, Occupational Therapist, Firefighters, Childsmile, Police Officer, a Radiologist and a special visit from a service dog. We also enjoyed various educational trips to the Sports Village, Vision Express, the park and our local care home. Each room participated in lots of health inspired educational experiences which also included baking with Chef Lisa, Babie Bunnies and Gym Bunnies. It was great to see the children having fun and learning lots of new skills.









Staffing update

Our staff across all 3 settings really enjoy helping out across all sites, therefore friendly faces will be seen at all Wellies Nurseries. This is great for sharing good practice, developing professional dialogue and ensuring consistency.

Please see our regular staffing updates on our Facebook pages. We also have staff photo boards outside each room and in each reception.

Children are also becoming more involved in the recruitment process as we ask candidates questions the children have prepared in advance. The children also take an active role in showing the candidate around QueensWellies. We then ask the children and candidates for their feedback. This has been working greatly.

Recently we have also welcomed some new staff members to our team!



We have recently welcomed Abbey into our Wellie Bumbles room. Abbey took part in a child care class whilst at school which attended QueensWellies for a Christmas sing and sign along. Abbey has now completed school and joined our team!

We have also had Kelsey Join the Wellie Bumbles. Kelsey has lots of experience within the child care sector and has been bringing her experiences to her daily practice!





We have also had Bethany start in our WellieBees room. Bethany has had experience with a wide range of ages across her years in child care. Bethany is really enjoying getting to know everyone

Over the next couple of weeks, we are also welcoming Erin to our WellieBees room and Morgan to our WellieBumbles room. We will make sure you are all kept up to date with our staff changes.

In the next few weeks, we will be saying goodbye to Eleanor from our WellieBees room. Eleanor has decided to enhance her education and attend university. Eleanor will remain on as a 0-hour staff member and come back and visit us during her breaks from university. Good Luck Eleanor, we know you will do amazing! We will really miss you!

We are also welcoming Faith back from her maternity leave in September. Faith will be supporting both rooms and will be a friendly face around the nursery.

We will also be welcoming Steph, our Deputy Manager, back from her maternity leave on the 21st of September. We are very excited to welcome you both back to QueensWellies!



Lastly, we have also welcomed Chloe who is our new Catering Assistant. Chloe is very much looking forward to working closely with our children to create some yummy meals for all to enjoy.

Wellies Nurseries Class of 2026

Here are some suggestions to help prepare your child for starting school in August 2026:

- Do they recognise their own name? If not make a sign together for their room and where they hang their jacket at home, so that they are used to seeing it.
- If you are going to teach them to write their name please only teach the first letter as a capital. If they learn their whole name in capitals, it then takes time for them to unlearn it. The capital / upper case letter is called the “name” and the lower case letter is called the “sound”.
- They will not have the same child : staff ratios as in nursery. One teacher with up to 30 / 33 children. Encourage them to be as independent and resilient as possible, from now.
- Remember school is different from when you went, they will be unlikely to have their own desk but they will be very used to the set-up as it’s similar to Nursery.
- Label EVERYTHING!
- Encourage them to open their own snacks so that they are able to do it at playtime and lunchtime.
- Velcro shoes are best!
- Don’t share your concerns with them and don’t talk about how they are your baby and they aren’t ready! They are taking their lead from you!
- Can they put on their own jacket and zip it up? If not, start encouraging them now!
- Can they use the toilet independently and wash and dry their hands independently? Now is the time to work on this.
- When you find out their gym days it’s best not to put them in shirt and tie on these days.
- In Scotland all P1s-P3’s get a free lunch. When you get a menu, pop it somewhere in the house and let them know what the choices are each day and decide what they will have together.
- P1 teachers are angels in disguise, we promise you can trust them with your children!

Thank you from the bottom of our hearts

Lots of our children have already started to leave us and I have to say that all of the emails, messages and cards have really brought a tear to our eyes. The very kind words mean such a huge amount as it proves that we have achieved what we set out to do. We genuinely only want the very best for all of our children and families.



Over the next few weeks, we will be focusing on a variety of topics in our playrooms. These will include:

• Happy Healthy me

• Cultures of the world – PLEASE talk to us about your childhood memories, your culture, your traditions, your beliefs and your celebrations. We really want to learn more about cultures around the world.

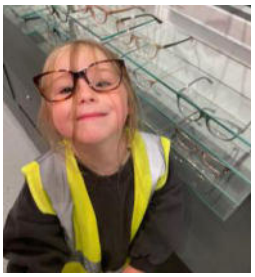
• Rules and Routines

• KINDNESS – Are you a bucket filler or a bucket dipper?

• Child-led improvement groups – Our Eco Group, Kindness Group, Forest Schools Group, Toothbrushing Group, Rights Respecting Group, Charities Group and Playground Improvement Groups will keep working hard to improve our nursery.

• Holidays and Landmarks

• Seasons and sun safety



• Gardening, making dens and improving our playgrounds

• Our environment and local communities

• Our families and friends

• Autumn



• Walks out and about around our community and lots of outdoor play

• Daily mile – scavenger hunts, environmental print, shape, numeracy, literacy and pattern walks

• Writing our names and learning lots of rhyming words

• Getting ready for school and our new school nurseries

Aberdeen City Council Pre-School Funding – Session 2026/27 – 1140 hours

As per Kerryn's previous emails, Wellies Nurseries will continue to provide the 1140 FREE hours from August 2026. This equates to 30 hours per week over 38 weeks of the year. Please ensure that you read ALL of the 1140-hour funding information that we send you. We are constantly inundated with queries around this. We provide you with this so that you can adequately plan your finances. There should therefore be no surprises. Regardless whether we work a 38-week model (which we do), a 46-week model or 50-week model, you ALL receive exactly the SAME number of free hours and funding across the year. It is up to you to choose the nursery and pattern that suits you best. All parents are expected to pay their own invoices out with the free funded period. We also only accept children who are with us for 52 weeks of the year. We do not accept term-time children only. There is no exception to this. Many thanks.

Messy Children are Happy Children

As always, we have been playing outside as much as possible. Water walls, water slides, mud kitchens, shaving foam, playdough, construction, messy play, painting, planting and allotments, loose play, minibeast hunts, hedgehog preservation, picnics, forest schools, eco schools, park visits and so much more! We are having so much fun but sorry if we come home a bit messy!



Wellies Nurseries Policies of the Month

This month we would like to provide you with the opportunity to review and consult on our Toilet Use and Nappy Changing Policy. We hope that you find this information useful. Please provide us with any feedback.

Parent Tips, Ideas and Suggestions

This is a space for parents to communicate with each other. If you have any suggestions, please email us with your ideas so that we can include them in this section of the newsletter.



Comments, Compliments and Concerns

Please give us your feedback – good and bad. It means a lot to us! We only want to keep improving in order to provide the BEST service possible. PLEASE make us your first port of call if you have any comments or concerns. If we work together, we will be able to achieve the very best for all of our children. Many thanks.

We also have Compliments slips available in reception in relation to our staff. The staff work very hard and we all know that it is nice to hear a compliment from time to time. Many thanks to those parents who have already paid staff members a compliment. We are always looking for Workers of the Week and Workers of the Month.

If you would like this newsletter or any other documentation from nursery translated into another language or an alternate reading format, please do not hesitate to contact us.







Vision, Values, Aims and Mission

"Together we make a family!"

Our Mission

To transform the lives of the children and families we work with, through creating a nursery which feels like home with an extended and supportive family environment.

Our Vision

Positive, caring relationships based on trust and respect, are at the heart of our philosophy.

We have a clear vision of what we want to achieve at Wellies Nurseries:

- to provide a safe, happy, caring, secure and stimulating environment for your child
- to enable all children to develop their capabilities as successful learners, confident individuals, responsible citizens and effective contributors to society.
- to help all children to prepare for the future.

A Wellies Nursery: a place to learn, develop and grow 'happy healthy children'

Our Values

We have a clear understanding of our values at Wellies Nurseries:

- **HAPPINESS AND WELLBEING** – showing kindness
- **ENGAGEMENT** – being involved, responsive, interested and interesting
- **RESPECT** – promoting a culture of tolerance, inclusion, diversity, equality, fairness and opportunity
- **COMMUNICATION** – being genuine, open, honest and sincere
- **ACHIEVEMENT** – highest quality, high expectations, aiming high
- **INTEGRITY** – means doing the right thing, even when no one else is watching
- **PARTNERSHIP AND CARE** – being reflective and learning from parents as partners, developing strong nurturing relationships
- **CHALLENGING** – testing ourselves and those around us, not accepting the status quo
- **COMMITMENT TO EXCELLENCE** – developing skills for learning, life and work

Our Aims

At Wellies Nurseries, we believe that every day is a learning day and that learning is all around us. As well as being a place of learning, we pride ourselves on ensuring that all children are coming in to a loving, caring environment where they are valued and listened to. We also involve children and parents in trying to continually improve.

At Wellies Nurseries, we aim:

- to provide a safe, happy, caring, stimulating and secure environment for our children where everyone feels valued, included and respected
- to engage our children in the highest-quality teaching and learning and to maximise success for all
- to create a nursery which feels like home and to provide an extended family environment
- to develop a shared vision for the future of Wellies Nurseries
- to foster high-quality leadership at all levels
- to work in partnership with other agencies and our communities to promote the welfare of our children
- to work together with parents as partners to improve learning and care
- to reflect on our work and fulfil our learning potential
- to value and empower our children and staff by recognising and celebrating successes and achievements
- to promote well-being and respect
- to develop a culture of ambition and achievement
- to equip our children with skills for learning, life and work, ready to actively grasp and follow their dreams in the future.

Wellies Nurseries aims are based around Realising the Ambition: Being Me by the Scottish Government. These aims reflect our high aspirations and our commitment to excellence. Through effective teamwork, open lines of communication and in partnership with our parents, we will work towards the realisation of our vision, values, aims and mission statements.

Our guarantee to you

At Wellies Nurseries, you can be confident that:

- Staff will actively promote our vision, values aims and mission statements
- We have clear policies, procedures and codes of behaviour, which are consistently applied by staff, parents, carers and children
- You and your child will be consulted about the service provided and your views and ideas valued
- All children are happy, confident, safe and secure
- All children will be in an environment where they are inspired, motivated, challenged and confident in achieving their full potential.



Toilet Use and Nappy Changing Policy

Published	October 2014 (V1)
Reviewed	March 2016 (V2)
Reviewed	May 2023 (V3)
Reviewed	Feb 2025 (V4)
Reviewed	July 2026 (V5)
Revised	Annually

Wellies Nurseries

Toilet Use and Nappy Changing Policy

Principles and Purpose

The aim is to provide good care and hygiene for the children to prevent the risk of infection. Throughout the nappy changing process, all children will be treated respectfully at all times. A member of staff will explain to the child that it is time for their nappy to be changed (regardless of age). This will avoid confusion and will allow our children to have an understanding of what is happening. All staff must ensure that our children have dignity and privacy during nappy changing.

All Wellies Nurseries staff will be aware of the **Toilet, Potty and Nappy Changing Procedures as advised by Health Protection Scotland in Infection Prevention and Control in Childcare Settings (September 2015)**. These guidelines will be displayed in each nappy changing area and will be followed on a consistent basis by all staff. These guidelines will also be used as an ongoing audit tool when monitoring the practice of staff.

Main points for consideration:

- Our toilet / nappy policy will be discussed with each family as their child starts at Wellies Nurseries settings to ensure we are familiar with the child's needs. This will be as part of the Individual Child Care Plan and will be updated on a three monthly basis.
- Children will be shown the toilet areas before they actually need to use them, to help promote confidence and familiarity in a new environment.
- Wellies Nurseries staff will remind our older children to use the toilet and will change nappies / pull-ups when necessary. We will support our younger children in potty training through full consultation and liaison with our parents.
- We will keep parents updated with their child's progress as appropriate and on a daily and informal basis.
- **The toilet cubicle door in our Baby Changing Room (0-18mth room) at Kingswellies Nursery must be kept open at all times whilst staff are changing nappies. This applies to West End Wellies Changing Rooms also. The cubicle doors should only be closed when a child is using the toilet. Queenswellies Nursery Changing Room doors must be kept closed whilst staff are changing nappies.**
- Staff should then wash their hands thoroughly using the WHB provided within the toilet cubicle. This will ensure that the spread of infection is kept to a minimum.
- In the event of clothing being soiled, we will change the child and ensure that they are clean and comfortable. Parents are asked to provide their own child with a set of clean, basic clothing to be used in the case of an accident. These clothes will only be used for that child.
- The nursery will keep additional clothing items (for emergency use only) but parents are asked to return these immediately in a clean state.
- For children in our 3-5 age range who are using nappies / pull-ups, parents must provide adequate supplies including creams for use during each session. These items will only be used for that child.
- Wellies Nurseries will provide sensitive baby wipes for use as necessary.
- We will use appropriate changing mats / units to change our children in a secluded toilet / changing area.
- All nappy changing units will conform to safety standards and health and safety regulations.
- We will provide steps up to the unit depending on the age of the child.
- We maintain each child's privacy and dignity.
- Staff will wear protective gloves and apron when changing nappies / pull-ups. These will be disposed of after each use.
- All nappy and clothing changes will be recorded and parents / carers will be kept fully informed on a daily basis.
- Only staff who have been successfully processed through our recruitment, reference and Enhanced PVG Disclosure process, will be authorised to assist the children in the toilet or changing area.
- All children will be encouraged to adopt good personal hygiene by washing their hands properly and thoroughly after nappy changing. Wellies Nurseries will provide visual reminders to show good hand washing practice and will make hand-washing fun!

- As part of our ongoing Health and Wellbeing curriculum, activities and routines will also include reminders about the need for good personal hygiene.
- Changing mats / areas will be washed thoroughly after each use.
- All nappies will be disposed of appropriately in conjunction with our Waste Management Policy and Procedures. All will be securely wrapped and disposed of in the on-site refuse.

Children in the 3-5 year age range

Wellies Nurseries recognises that, while we would encourage our older children to be independent in their toileting, not all children will be capable of this by the time they commence their pre-school education.

To ensure that children are fully supported and are not prevented from moving in to the pre-school playroom, Wellies Nurseries offers various solutions:

- We aim to provide the opportunity for all children to use the toilet independently and to provide assistance for children who require it.
- Where children are in pull-ups, we will remind them at frequent intervals to use the toilet. If a child is in nappies, these will be changed as necessary. All used nappies / pull-ups will be disposed of in the on-site refuse, securely wrapped.
- We will work in full cooperation with parents to help your child to overcome this difficult skill.

Summary

Provision of appropriate nappy changing / personal care facilities is essential for the health and wellbeing of all children and the health and safety of staff. All staff will be made aware of this Policy and will be expected to implement it at all times.

Final Word

At Wellies Nurseries, we will always strive to make the child's experience of nappy changing a good one by interacting with the child, asking questions, singing songs, playing games and chatting to them. We see this as an ideal time to spend one to one time with our children.

Wellies Nurseries – Toilet, potty and nappy changing procedure

Safe nappy-changing

What you need	• A clean waterproof changing mat (do not use if torn or broken). • A clean nappy (disposable or non-disposable). • Warm water and soap or disposable wipes. • The child's own tub or tube of barrier cream. Do not use shared tubs or tubes of barrier cream. • A plastic bag (or nappy sack) for the used nappy. • PPE for staff – a single-use disposable plastic apron and disposable gloves (on both hands). • Waste bin for disposal of disposable nappies or other container, if required, for re-usable nappies.
How you do it	• Put on PPE Disposable nappy • Remove the nappy. • Put the used nappy in a plastic bag, tie the bag and put it in a lined bin for used nappies. Reusable nappies • Put the disposable nappy liner and soiling into the toilet. • Do not rinse the nappy before putting it in the bag. • Tie the bag and label with child's name. • Put the bag in a sealed container meant for that purpose, where it can be securely left for collection by the child's parent/guardian. • Soiled clothing should be tied in a bag and stored in the soiled clothing box. Parents should be given this at collection. • Soiled vests should be removed by unfolding the neck openings and pulling down over lower body. Cleaning and re-dressing the child • Gently clean the child's bottom using warm soapy water or disposable wipes (rinse any soap away). • Dry the skin gently but thoroughly. • Check for nappy rash – if the child has a rash, tell their parent or guardian at the end of the day. • Dispose of gloves and put on a clean pair if cream is applied. • Apply the baby's own barrier cream remove and dispose of gloves. • Put on clean nappy. • PPE should be removed and disposed of in correct bins. • Dress the child. • Wash child's hands. • Take the child back to the play area. • Clean the baby-changing mat with detergent and water (if body fluids present wear PPE). • Wash your hands. • PPE should be changed if they become visibly soiled before completing the task.

Using potties

What you need	• A clean potty, a separate sink for cleaning the potty where available. If unavailable the sink must be disinfected after use. • A wash hand basin for washing your hands.
How you do it	• After the child has used the potty, put on PPE and put contents of the potty into a toilet. • Remove residue with toilet roll and flush down the toilet. • Clean the potty with detergent and water or paper towels with general-purpose detergent and hand-hot water. • Dry with paper towels (or kitchen roll). • Remove PPE, then wash hands, then help the child to wash their hands. • Put potty in a clean, dry area – do not store potties one inside the other.

Using toilets

What you need	• A clean toilet and a hand wash basin.
How you do it	• Always inspect toilet area (including toilet seats) before used, and during the day to make sure visibly clean. • If needed, help children use the toilet and wash and dry their hands afterwards. Wash your hands after helping the child use the toilet.

Term 1: August – October 2026

West End Wellies Nursery Newsletter

Follow along on the fun on our social media..

WWW.KINGSWELLIESNURSERY.COM

What have the West End Wellies gang been up to?

Our cubs & badgers have welcomed in the summer with lots of fun activities!

We took part in planting our homegrown veggies outside in the garden, and loved seeing them grow in the sunshine.

Our tasty homemade pizzas went down a treat - we definitely have some little chefs in the making!

The Stay & Play sessions were fantastic, with lots of family & carers joining us to experience the afternoon in nursery - fancy joining us for the Stay & Play sessions? More information on this can be found further down the newsletter.

We celebrated Health Month in May, and enjoyed lots of knowledgable & fun sessions around Healthy Eating, Mental Health, Keeping Fit and Staying Safe!



We currently have spaces available at West End Wellies.

If you are pregnant, it is really important that you get in touch with us as quickly as possible. Don't wait until your baby is born!

Please contact the office for additional information on 01224 059610 or email us at wew@kingswelliesnursery.com













Graduation & School Leavers

What a wonderful day celebrating our school leavers at graduation! We are so proud of everything they have achieved during their time with us and wish them all the very best as they begin their next exciting adventure at school. We will miss them all and know they will continue to shine!









Stay & Play Sessions

We would love to invite you into nursery to spend the afternoon with your child/children, and enjoy the opportunity to experience what they get up to, here at West End Wellies!

We ask for a maximum of 2 adults per child, and if your child doesn't usually attend the day of the session, they are still more than welcome to come along. If you would like to join us, please drop an email to our admin team wew@kingswelliesnursery.com.

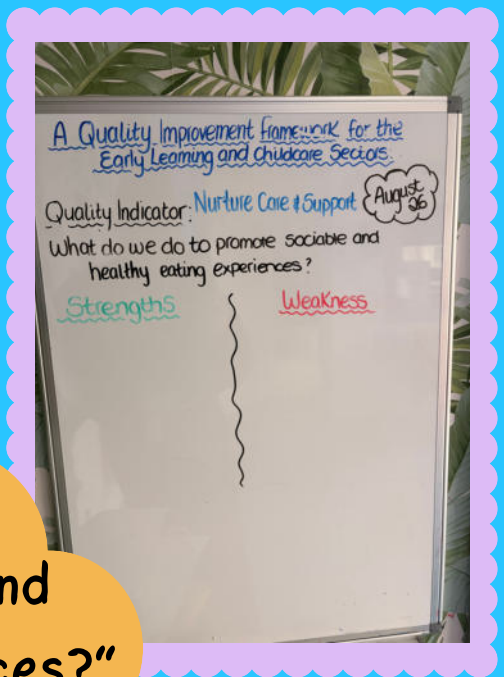
Cubs:
Thursday 10th Sept
3.00pm - 4.30pm

Badgers:
Tuesday 8th Sept
3.00pm - 4.30pm

August 2026
Question of the Month

Why not take five minutes to add to our self-evaluation board in our reception?

Please help yourself to any of our consultations, that can be found on our self-evaluation consultation walls.



"What do we do to promote socialable and healthy eating experiences?"

Staff Update

Eryn
Lower Supervisor
well done!

Emma
Lower Supervisor
well done!

Laura
Supervisor Support
well done!



Sophie
Nursery Support



Malika
Nursery Support



Michelle
Nursery Support



Faith
Nursery Support



Ariane
Nursery Support



Phoebe
Nursery Support







Good luck to Lauren & Kayleigh!



Parent Tips, Ideas and Suggestions

This is a space for parents to communicate with each other. If you have any suggestions, please email us with your ideas so that we can include them in this section of the newsletter.



Home Link Corner

We are continuously looking to improve and strengthen our home links, so have created a designated area in our Den for you to use.

Should you have any questions or suggestions, please let us know. Your feedback means a huge amount to us.

REMEMBER!

WE LOVE MESSY PLAY!

Please remember that our children are outside every day in all weathers, so please ensure that appropriate clothing is available for them to wear.

With the ever changing weather (including some sunshine), please ensure sunhats and suncream are available in your child's bag.

Remember to label everything!

If your child is not attending nursery on that day, please do let us know by 10.00am. Staff will contact parents after 10.00am to ascertain the whereabouts of your child - this is aligned with our Child Protection & Health and Safety Policies.

Please also let us know if you have any holidays booked and your child will be absent. This saves us from bothering you when sunbathing by the pool!



We have been super excited and proud to receive a fantastic Care Inspection Report, along with a College Certificate for Recognition.

This is proof of the hard work and dedication we provide here at West End Wellies - thank you to all staff & parents/carer's, we wouldn't be able to do it without you all!

Care Inspectorate Inspection -

22nd May 2026

Detailed evaluations

Leadership	5 - Very Good
Leadership and management of staff and resources	5 - Very Good
Children thrive and develop in quality spaces	5 - Very Good
Children experience high quality spaces	5 - Very Good
Children play and learn	4 - Good
Playing, learning and developing	4 - Good
Children are supported to achieve	4 - Good
Nurturing care and support	4 - Good

Key messages

- Children were cared for in a safe, secure and welcoming environment.
- Furnishings and resources were of a high quality.
- Children had fun as they accessed a well-presented variety of resources.
- Children were supported to make choices and lead their own play.
- Staff were developing their skills in planning and assessment of children's learning.
- Families benefitted from positive relationships with staff and children experienced warm, supportive interactions.
- Effective quality assurance practices contributed to positive outcomes for children and families.

Policy of The Month

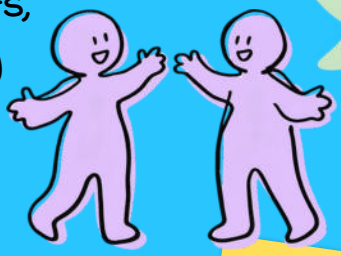
This month we would like to provide you with the opportunity to review and consult on our Toilet & Nappy Changing Policy. This is available to review in our reception area.

"What makes a good friend?"

WE WILL BE CELEBRATING INTERNATIONAL FRIENDSHIP DAY ON THURSDAY 30TH JULY

"What does kindness mean to you?"

We will be having fun making friendship bracelets, getting creative with handmade cards & baking some yummy goods to deliver locally.



West End Wellies Nursery

YOUR FEEDBACK MATTERS!

Comments, Compliments and Concerns

We would really like to hear your feedback, good and bad, as it really does mean a lot to us! In order for us to provide the BEST possible service, we will always continue to improve and develop in all areas of our care. If you do have any comments or concerns, please make us your first port of call, and by working toegther, we will be able to achieve the very best for all of our children.

If you would like to leave a complimemt for one of our members of staff, you will find slips available within reception which will allow you to do so. Our staff work very hard and we all know that it is nice to receive a compliment from time to time. We love to reward hard work, and are always on the look out for our next Worker of the Week, and Workers of the Month - all your past & future compliments and feedback, allow us to reward where it is due!

If you would like this newsletter or any other documentation from nursery translated into another language or an alternate reading format, please do not hesitate to contact us.



SEE YOU NEXT TERM!